



Mountain Home School District Food Services Newsletter


January 2025




Food Program Surveys

Please take a moment to take one of our Food Program Surveys. Your feedback is greatly appreciated.

MHSD Elementary Parent Meal
Survey January 2025



MHSD Secondary Student School
Meals Survey January 2025



Mrs. Norma Meyers
Director of Dining Services
(208)587-2573
Meyers_nj@mtnhomesd.org



DISCOVERY KITCHEN FUN

The Great American Roadtrip

Students will take a journey through the quadrants of the U.S., where they will learn about each region's favorite dishes and why each area's geography allows it to produce certain foods for the entire country. Designed to spark curiosity about agriculture and cuisines around the nation, The Great American Roadtrip is packed full of delicious recipes and fun activities for student diners of all ages.



Warmed Spiced Peaches

INGREDIENTS

- 2 ½ lbs. – frozen sliced peaches
- 1 ½ tsp. – ground cinnamon
- 1 ½ tsp. – ground allspice
- 2 ½ tbsp. – brown sugar
- 1 ½ tsp. – butter

Servings: 4-6

METHOD

- 1) Mix all ingredients.
- 2) Place all ingredients in a baking dish and cook in a 350-degree oven until peaches are cooked through

Serve & Enjoy

Try our Discovery Kitchen At Home Recipe!

Peaches are a good source of vitamin C, fiber, and potassium, making them a sweet and healthy addition to any meal.

UP NEXT:

A special THANK YOU to the MH School Board for all their hard work!



1/28 Enjoy Pancake Donut Bites with Blueberry Topping for lunch!



1/29 Celebrate our 100th day of school!

